



Work-Life EAP

The Work-Life EAP is available to all members of the CPCO LTD Benefits Plan. Members can visit the website for information or call directly for information anytime 24 hours a day, 7 days a week at 877-630-6701.

Resources can be accessed through the website :

- * Website: www.lifebalance.net
- * English password and ID: rbceng
- * French password and ID: rbcfr

Topics include:

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Disability
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Everyday Issues
Managing People
Emotional Well-Being
Student Life
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