

Join professionals with an interest and
commitment to active healthy living!



PARC
physical activity
SYMPOSIUM 2009

The **PARC Physical Activity Symposium 2009** will provide an engaging and practical professional development opportunity for physical activity promoters across Ontario.

Register Online at www.ophea.net/parc

Early Bird Registration Deadline is Friday, December 12, 2008



Symposium Highlights

Wednesday, March 4th

Social Marketing
& Physical Activity

Keynote Speaker

Interactive Panel Discussion

Concurrent Workshop Sessions A

Thursday, March 5th

Social Determinants
& Physical Activity

Keynote Speaker

Concurrent Workshop Sessions
B and C

Networking and Personal Wellness Opportunities

Physical Activity Promoter Displays • Exhibitors Marketplace
Energizers • Guided Urban Walk • Yoga • Reflexology & Massage Night
Downtown Social Outing and much more...

Visit www.ophea.net/parc for further details!

PARC
Physical Activity Resource Centre



Physical Activity Resource Centre
Tel: 416-426-7120 or 1-888-446-7432
www.ophea.net/parc • parc@ophea.net

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